

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ward: Surrey Docks

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1736	n/a - applying as an individual with a group sponsor	Southwark East Music Fest	<p>I plan to showcase a variety of music performances from East and South-East Asia. (ESEA). In September, 2021, ESEA Network celebrated the first ESEA heritage month in September with the aim to get it formally recognised by the government in the same way Black history and South Asian heritage month is in the UK. Therefore the ESEA was involved in deciding the need for this project. In Southwark, in particular the North East area ward we have one of the largest East Asian communities in London. This project seeks to celebrate the rich diversities of this community and its related communities through the medium of music. It also seeks to bring people together through a enjoyable family friendly music event. Though there are music ventures in the community, mostly jazz based, what makes this project unique is that it will be pioneering as it has never been done before in the borough or anywhere else. As a result, Southwark will be in the forefront of this new heritage movement. The music performance will be composed of artists from Mongolia, China, Philippines, Thailand, South Korea and Japan.</p> <p>This type of event is needed because music unites people, it's intimate, it connects people with their community. Furthermore, in a time where Asian-hate crime has increased this event embodies the Southwark Stand Together pledge of championing diversity. It also helps when we celebrate our differences, and are open to our diversity, we allow our preconceived notions to be proven wrong. The event will build cultural awareness, as it will help people to learn about other cultures and people. Furthermore, when we remove prejudices and stereotypes through education and celebration using music, we may discourage the ignorance that supports racism but encourage unity instead. I request a £1000 from each ward please.</p>	£3,452.95
1740	Restorative Justice for All International Institute (RJ4All)	Therapy for Mental Health (T4MH)	Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified an increasing need for free and specialist mental health support particularly in the form of therapy and counselling, group sessions and fitness classes. The key reasons for this rising need	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>are: the trauma and impact of COVID19, isolation and loneliness, poverty and growing unemployment.</p> <p>Over 12 months, T4MH will provide:</p> <p>(a) specialist mental health support in the form of one-to-one therapy at our Community Centre and remote (e.g. via telephone, online) to local residents who self-refer.</p> <p>(b) weekly evening sessions at our Centre aiming to address isolation and loneliness by connecting neighbours and bringing generations and cultures together using the medium of restorative justice dialogue and by sharing free food.</p> <p>(c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga.</p> <p>T4MH is a multi-ward project focusing on the entire SE16 post-code. It is aligned with our long-term vision of establishing the first restorative justice post-code in the world. This project and our vision aim to set up holistic local services that address poverty and encourage community and social cohesion by looking at the individual across needs and abilities.</p> <p>We are a Southwark-born community organisation, and already have an extensive pool of users asking for this project as well as requests from across the selected wards. The identified needs for the proposed three free services is expected to increase as the gap between disadvantaged and affluent local families is growing. We also have evidence that alcohol and drug abuse, homelessness and unemployment have increased in the 5 estates surrounding our centre hosting over 600 families.</p>	
1752	The Proper Blokes Club	The Proper Blokes Club - walk and talk groups	TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have	£20,200

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>since expanded into four other London boroughs Sutton, Greenwich, Barnet and Havering. We have over 200 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject.</p> <p>This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 4 or 5 miles. They are undertaken at a slow pace so it makes this project available for almost all men.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups.</p> <p>This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique. We do not just offer a 10 week programme like some other services so is perfect to work along side any professional support any of the users may be using.</p>	
1825	Roosters Boxing Club	To provide boxing fitness and health advice to the youth and adults in our community	In early 2021 we opened a new Community Boxing Gym for Rotherhithe and Bermondsey. Roosters Gym is the brainchild of Jeff Coombes and Roy Connor, this gym is focusing on the youths in the area and getting them fit and healthy, teaching them discipline and providing them with a safe place away from the streets.	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>With obesity, gang culture and knife crime all so rife in these areas, it is essential to provide a focus for children and young adults and that is the sole purpose of Roosters Gym, Jeff and Roy aim to provide a sense of belonging and pride to the local youths. They are both so passionate about these issues in their community and see the gym as way of helping children, young adults and adults alike.</p> <p>Both Jeff and Roy have many years boxing experience, both of them enjoyed the camaraderie of belonging to a boxing club from a very young age. Roy has had a total of 25 international fights boxing for England. He is now a professional coach and a level 2 amateur coach. Jeff is also now a level 2 amateur coach and he has the experience of growing up on the streets of Bermondsey and Rotherhithe and feels that he can relate to the youth in these communities.</p> <p>As the gym grows we hope to be able to offer employment and careers advice within the health and fitness industry.</p>	
1914	Big Local Works Bermondsey	The Skills Bridge	<p>The Skills Bridge is a new programme of employment support by Big Local Works (BLW) that will build on our successful Employment Programme and provide the most disaffected Southwark residents with:</p> <ul style="list-style-type: none"> Key Employability and life skills training Information on local job opportunities Welfare and Benefits information Mentoring Tailored 1-2-1 advice and guidance <p>Big Local Works has an extensive history of supporting unemployed people across Southwark. Our work builds local people's economic resilience, reduces poverty and its effects, and helps people build their independence and financial well-being.</p>	£4,930

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>We work, day in, day out with Unheard clients, many are long-term unemployed, not in education or training, others have small children and struggle to meet the bills, or balance work with childcare. Some can work but need support to build confidence to get them closer to the workplace. Others have illnesses and disabilities which mean they are less able to work.</p> <p>Participants on The Skills Bridge will receive 1-2-1 job search support and Employability & Resilience training. It focuses on giving individuals the skills they need to secure sustainable employment and build on their natural resilience. We will guide participants through key employability and life skills including:</p> <ul style="list-style-type: none"> Confidence and resilience Key money management skills Key Life and Cooking skills with our vegan cooking programme <p>CV skills “showing your best you”</p> <ul style="list-style-type: none"> Job Searching process The Application and Interview Process Effective Communication The Importance of Professionalism Teamwork Conflict management <p>This will be delivered in fortnightly training sessions here at BLW.</p> <p>Upon registration participants will be assigned a mentor who will work with participants to develop a personal job search plan, based on skills and ambitions, and discuss and plan for any ongoing support needs.</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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1932	Musical Mayhem London	Musical Mayhem Scholarships	I often have families saying they are unable to continue classes due to financial struggles, and I will never not have a family join us, and offer then scholarships. It costs the company, and as we aren't really a profit making business it would be very helpful to have some funding to help with these scholarships. We had 5 Ukrainian Refugees who attended our classes on a fully scholarship.	£2,268
1977	Ballers Academy CIC	Ballers Walking Sports	<p>Ballers Academy have been delivering a walking sports club for older people at The Dockland Settlements which is currently funded by Southwark Charities until July 2023 and regularly attracts 13 older people aged 70 plus every Friday morning for 1.5 hours. The weekly sessions help bring older people from different backgrounds to together and supports older people who require extra such as with limited mobility, mental health or dementia.</p> <p>Ballers Academy will deliver free weekly Walking Sports Club sessions for older people to help reduce stress, isolation and loneliness. The activities provide older people the opportunity to meet new people and supports those with two or three limiting long-term health conditions, including dementia, mental health, limited mobility or those who are inactive to stay fit and healthy. Before and after each activity, the group sits down together, and some may have open and individual conversations with refreshments along with reading and discussing various latest news stories from the Southwark News newspaper. The sports activities are delivered by having fun, stimulating the mind, developing balance and hand-eye coordination and offers an opportunity for people that would not otherwise be active and may feel disengaged with the local community. Activities include bowls, cricket, bowling, golf and other fun games using throwing, catching and striking the ball techniques. The weekly sessions also help takes away the stress for those living with someone who has dementia for the time they are at the weekly Walking Sports Club which is often all they might normally get that week. Ballers have also introduced weekly telephone conversations to keep regular communication</p>	£3,235

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			going and help reduce people feeling lonely away from the sessions. The sessions are open access, and we accept referrals.	
1985	Ballers Academy CIC	Ballers Girls only Football	Ballers Academy propose to provide young females with the opportunity to attend structured, open accessed football sessions for 38 weeks of the year which take place in a location which is deemed accessible to young people in a safe environment. From consulting with many local partners and parents to decipher which areas and venues are best to target and start engagement. Through our past and continued experience of delivering provision for young people, regular training and competition is important for sustaining participants interest, behaviour and good attitude. This programme will help more young females participate in more competitive sport and physical activity. This applies especially to young people that do not normally participate in regular competitive sport and physical activity. Ballers Academy will positively contribute towards the social challenges and diverse population of London and help inspire young females to take football more seriously following the success of the England Lionesses recently winning the Euro 2022. The free programme will be accessible and inclusive for 45 young people aged between 8-14 to fulfil their potential and stop any barriers for any talented young person living in Southwark.	£3,800
2004	Living Bankside	Living Bankside Academy	See Living Bankside Academy Report	£31,000
2019	Nigel Moyce	Southwark Park Artist in Residence	<p>The project will provide an artist based in Southwark Park who will record activities and events that happen in the park. The idea originated from Southwark Park Cricket Club, because they would like to have a cricket artist available to produce occasional commemorative artworks marking their games, as is done for international Test Matches.</p> <p>This idea was then discussed with Sheila Taylor, Chair of Cherry Garden Tenants & Residents Association, which is the local supporting body for the Cricket Club. Sheila was enthusiastic and suggested broadening the concept and creating the role of 'Artist in Residence' for the Park. This would provide someone who could record in art not only</p>	£1,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>cricket, but also bowls, tennis, football and all the other sporting activities which take place in the park. This would include both formal and informal activities, and possibly even non-sporting ones.</p> <p>This concept would bring together the various park user groups and help create a greater sense of community. By participating in the art projects, people would be brought into contact with others, learn about different activities, cultures and interests. This friendly interaction would be a great benefit and social support to the diverse community of Southwark Park.</p> <p>I have lived and worked in Southwark and its park for over twenty years and developed numerous contacts amongst the park users. The park is very important to the surrounding community and much valued as a venue for friendly recreation and socialising. Having the park activities recorded in art would be an additional pleasure for everyone.</p>	
2023	Canada Water FC	Canada Water FC	<p>Canada Water FC is a local grassroots football club our project will allow us to provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable young people providing them with a chance to be successful later on I life . It will also see young people from divers and multicultural backgrounds come together.</p>	£15,258.50
2025	Global Generation	Growing Food and Cooking Feasts Together	<p>Since October 2021 we have been growing the new Paper Garden in Canada Water. Families, businesses, community groups, schools have all helped to transform a slab on concrete into a diverse habitat for wildlife and food growing. In 2022 we set up</p>	£4,940

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>community growing beds, which have been a huge success. "Having no garden in the inner city is no joke. Post-pandemic, I was wary about community groups but, because this is outside, I felt safer. With so much regeneration happening locally, it's brilliant to be part of this community space. Long may it be here." - Amanda, Community Grower 2022. With further support we wish to grow the garden further and expand the community grower programme, increasing horticultural training and cooking classes for new growers in 2023. The funding will provide the following at the Paper Garden: 12 x horticultural training workshops and dinner for 20 community growers; 12 x cooking classes on Saturdays for 50 community growers and those accessing local food pantries/banks/fridges. The cooking workshops will provide local people with knowledge and skills to take back to their communities at home. We have seen a huge gap in the knowledge around the fresh food we deliver to the food pantries and what people know about their preparation and benefits. The grow beds will provide local people with a community space to test ideas, experimenting with their own growing projects and growing connections with each other. The community growers will share produce for their cooking, decide on meals together, and what to grow together. Sharing dinner together after the training will create the space to bond, form relationships and connect in a healthy environment.</p>	
2032	Bermondsey Community Kitchen	Bermondsey Community Kitchen inc London Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>BCK through the Covid 19 crisis provided over 5000 healthy nutritious ready to eat meals to the local community. This highlighted the essential need for a cooked food provision service in Southwark and was something we continued last year.</p>	£4,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>This year we are expanding this project across the whole of Southwark. The local food banks are overwhelmed with their growing clients. Our project offers something different to the traditional food bank, providing healthy nutritious homemade ready to eat meals.</p> <p>The current cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	
2055	The Bermondsey Artists' Group managing Southwark Park Galleries	Allotment Club with craft activities for Low-Income Local Families in North-East Southwark	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 11 years we have engaged over 4,250 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce</p>	£6,320

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from April-October 2023. The families will work with a community gardener and workshop leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we will provide reusable infusers so that families can make hot drinks during the workshops using the herbs available in our allotment. This will significantly raise awareness around natural remedies and herbs' health benefits. To encourage even more families to join our free sessions, this year our gardener and workshop leader will run a Pilot taster gardening session at a local nursery.</p>	
2067	MILLWALL COMMUNITY TRUST	Kicks @ St Paul's Sports Ground	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in Surrey Docks.</p> <p>Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young people from the ages of 8 to 18 can take part in free weekly sessions (football, dance, boxing, music) at the St Paul's Sports Ground facility and gain coaching and volunteering experience. More structured</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of Surrey Docks and help inspire young people away from those who may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 30-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p> <p>Through the Kicks project we will also deliver a range of healthy lifestyle workshops designed to help the young people be more resilient and understand how they can keep themselves healthy and safe.</p>	
2086	Berth Holders Association - South Dock Marina	Local App for the Marina Community	We are creating an app for the local community to increase the community interaction and feel. The app will allow residents to communicate in selected groups eg sustainability group, allow the association to communicate directly with the berth holders, allow events to be organised, allow key information and FAQs to be shared, allow community members to indicate about themselves, the ability for community members to reach out and get help if they need it, plus much more. We are hoping this will cause more interaction with each other, a real feeling of community spirit, taking ownership of the community and it's direction. Our belief is that the app will allow people to be confident in digitally reaching out before interacting physically. Helping community	£20,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			members is particularly important after the shock of Covid that drove people to be only communicating digitally. We hope to take this new age of digital take up and use it to bring back that physical interaction in communities.	
2138	The Dockland Settlements	Lego Therapy for 7-16 year olds	Lego therapy is a social interaction program for children where they work in a group and complete a task. For the task, they are given different roles and they need to interact among themselves and help each other to finish the task. They are helped and supervised by trained Speech and Language therapists. This program is designed to help children (mostly autistic) who have speech, language and social interaction issues by teaching them the concept of sharing, turn-taking, following rules/guidelines, problem-solving, etc. Lego therapy is an evidence-based approach that has proven to be highly effective. This project was put forward by a local parent with 12-year-old autistic, home-schooled son who have struggled to find suitable social interaction groups in our area. For this purpose, she used to run self-funded Lego therapy sessions with the help of a Speech and Language therapist at her home. There were many families interested in joining this program. However, due to financial constraints, they had to discontinue the program.	£11,700
2188	Samantha Kissin	Let's hear it for The Wibbly Wobbly	<p>This project will commemorate and celebrate comedian, Malcolm Hardee and his iconic floating pub, The Wibbly Wobbly, an iconic fixture on Greenland Dock for many years. In the same vein as this years' Bye George event, it will be an interactive promenade celebration of this extraordinary corner of London and its residents and community.</p> <p>There will be recordings of Malcolm's friends and neighbours, telling stories about him and hopefully some recordings of Malcolm himself. These will attached to a specially designed trail of QR codes placed in significant parts of the the area to be listened to on smartphones potentially with seating. The linked soundbites will be housed on a website which will provide information about Malcolm and the history of the area.</p>	£3,140

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>The QR codes and banners explaining the project will be in operation over the course of the month of September and over the course of the weekends there will be a steward available to explain the project point visitors in the right direction. People will also be invited to leave messages or voice notes to highlight their own memories of this area. For those without Smartphones or with access problems we can provide a transcript of the content.</p> <p>This project will be inclusive and available to everyone who visits and who lives in this area - it is designed to reinforce the important community ties and sense of history that play such an important part of making Surrey Docks so special. It is also designed to invite interaction amongst neighbours and visitors and celebrate humour and community in a gentle and accessible way.</p>	
2241	Berth Holders Association	Rewilding Greenland	<p>We started a small gardening club with members of the boat community some time ago, and these people contribute to tidying, weeding and sorting of our toilet block area, at the main entrance to Greenland dock (we are already giving back to Southwark, as there are no other staff who do these roles). We also already have many resident waterfowl, a visiting kingfisher and are keen to attract more, plus dragonflies, butterflies, moths, bees and many other insects. We have endangered Pipistrelle bats already feeding on the dock, so further enhancing the ecosystem could increase the food supply and support their sustainability.</p> <p>We believe a gardens benefits are many: enhancing the appearance of the council property, providing space for those without gardens to enjoy gardening, learning about nature, contributing to communal cohesion and improving mental health and well-being. With careful planting, gardens will attract wildlife, some of which is endangered, such as birds, bees and other insects. The Report Lost Life (2010) identified hundreds of animal and plant species that have become extinct in London, and, in the face of further</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>extinction, we are keen to contribute to the conservation of urban biodiversity.</p> <p>Inspired by Es Devlins Come Home Again choral sculpture at the Tate Modern (Sept/Oct 2022) we want to help Southwark protect London species from extinction. For example, on the dock, we can try to grow types of endangered species such as Least Lettuce, sea grasses such as grass-wrack pondweed, sea clover, or sea barley, as well as marshes such marsh stitchwort, marsh clubwort, pillwort and bidders saltmarsh.</p>	
2246	SOUNDCAMP CIC	Soundcamp 10	<p>Soundcamp is 10! Since May 2014 we have been running a free annual micro festival at Stave Hill Ecological Park. The event takes place each year on Dawn Chorus Day at the beginning of May.</p> <p>Soundcamp celebrates the history of Stave Hill, the direct successor to the UK's first urban ecology park, which over more than 30 years has transformed the local soundworld, creating a hotspot of biodiversity in the heart of the Rotherhithe peninsula.</p> <p>Soundcamp attracts a varied audience of local residents and others from further afield. As in past years, we are asking for support to run a series of workshops with people who might not otherwise find and engage with our work, or who face particular barriers to accessing it.</p> <p>This year we are focusing on maintaining and renewing long-term relationships with local organisations: children at Bizzie Bodies Arts Club; young people at Surrey Docks Farm's Greenage group; and older people with visual impairment: the VI group at Time and Talents.</p> <p>Support through the Neighbourhoods fund would cover 6 half day workshops. This will help us secure match funding from Arts Council England. It will create paid and voluntary</p>	£2,460

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>opportunities for Southwark residents, and allow the festival to remain free.</p> <p>Workshops will involve listening to birds and bats, building DIY audio equipment, and making radio, tailored to each group. They will be hosted at Stave Hill Ecological Park and / or at each group's base. 20 participants from each group will be able to work closely with visiting artists and naturalists to explore and learn about the sounds of Stave Hill and the local area.</p>	
2251	The Dockland Settlements	Zumba for over 50's	<p>The Zumba sessions aim to be at a pace where everyone can keep up and improve fitness while enjoying a fun activity. Studies have shown that maintaining regular physical activity can help prevent many common diseases, such as heart disease and diabetes. Exercise improves overall immune function, which is important for seniors. It can also improve mental health, strength and flexibility, balance and coordination - reducing the risk of falls. Countless studies suggest a lower risk of dementia for physically active individuals, regardless of when you begin a routine. (https://thegreenfields.org/5-benefits-exercise-seniors-aging-adults/)</p> <p>Not only do the participants benefit from the weekly exercise, but it also gives them a chance to get out of the house, meet new people and make friends. Our onsite cafe also provides the perfect opportunity for participants to get together and socialise after the class.</p>	£2,000
2266	Bizzie Bodies cic	Creative Learning Camps	<p>Our Creative Learning camps have now been running successfully again since Spring 2021, including running for four weeks that Summer. Camps incorporate STEAM with sports to ensure our children stay active as well as inquisitive. Mainly aimed at local primary school-aged children, this past Easter and summer we hosted just over 200 kids in free and paid-for sessions, including terrarium making, karate, drama, football, drawing and lettering while previous camps included capoeira, engineering, coding, gymnastics, debate, lantern making, among many others. We have been fortunate enough to often receive funding from local companies and the council to run the camps</p>	£10,980

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			at a subsidised cost (with selected sessions for free) which enabled many more kids to take part in our camps than otherwise possible. With the current cost of living crisis, we worry that many children might miss out on learning vital skills and having enjoyable holiday breaks and would very much appreciate any help you can offer us to keep us able to offer camps to local children as well as young people.	
2267	n/a - applying as an individual with a group sponsor	Bermondsey Boulders - Youth Summer Program	The climbing group community projects aims to bring people from the local community together to meet like-minded locals through the climbing sport of bouldering. The activity seeks to meet the physical, mental and social needs of locals within the community. I seek now to expand this activity to young people within the community however as bouldering is a activity that requires some cost I seek to use this neighbourhood fund to provide me a source of funding to sponsor children in the community to climb regularly during the summer holidays of 2023. It will be a great source of physical, mental and social wellbeing for the young people.	£320
2276	Surrey Docks Farm	Volunteering Programme	<p>The Farm relies on a dedicated team of volunteers to care for animals and deliver it's educational and community projects. Every year over 100 individuals, with most coming from Southwark borough, are actively involved on a weekly basis.</p> <p>We carried out a consultation to find out why people volunteer and what the benefits are - many people commented on how they met more of their local community, made friends and got to engage with a much wider mix of people from different backgrounds in a positive inclusive environment.</p> <p>We also asked volunteers how we could reward and recognise their efforts and what they would prefer. As such we are now applying for funding to be able to offer: celebration events (bringing the whole group together enabling further socialising and community integration), training and offsite trips (including animal care and gardening, but also developing leadership, public speaking skills etc), and finally uniform</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			(particularly warm hoodies/fleeces for the Winter months). We want to enable volunteers to gain new skills, meet more people, feel valued and recognised, and (where appropriate) feel more able to progress into employment.	
2295	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Club	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism</p>	£6,349

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	
2302	Friends of Lavender Pond	Family events at Lavender Pond	<p>The project will run at series of events throughout the year, aimed at encouraging more families to engage with Lavender Pond Nature Reserve. Some will be run during school holidays, whilst others will run at weekends and in the evenings, allowing a wider range of people to make use of the site outside of working hours.</p> <p>As with some of this year's events, we will be aiming for some of these events for older children (12+) as we have seen less engagement in the past from families with older children.</p>	£1,450
2338	Bizzie Bodies CIC	Digital Inclusion Hub	<p>In 2019 Bizzie Bodies received funding from Southwark Council to start the SE16 Youth Initiative to engage local children and young people. During the pandemic, we engaged with a small group of young people face-to-face and online.</p> <p>In September 2021 we were happy to finally open our SE16 Youth Initiative's Tech and Creative Hub, which now runs every Friday afternoon free of charge. Here, our children and young people work on tech projects, meet various artists and Science, Technology, Engineer, Arts, crafts, Recycling, Upcycling and Maths experts, and explore their creative side. While the Hub is one of our biggest achievements, it now also presents a big challenge as we will no longer receive funding from the council as of Summer 2022. We have moved to actively fundraise so the Hub can not only continue in its current form but also have the chance to grow. Your support will enable us to ensure the Hub is fully staffed during the sessions, all equipment is in good condition and up to date to be able</p>	£4,870

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>to engage the children and young people throughout the year.</p> <p>We would like to run weekly sessions including robotics, coding and electronics to expand the digital hub for children. to add an extra capacity of 20 for a total of 40 per week.</p>	
2342	The Dockland Settlements	Out-of-school education children's (including special needs) activities during day time	<p>Aim and Objectives: help providers of out-of-school settings understand best practices for creating a safe environment for children in their care give parents and carers confidence that their child is in a safe activity or learning environment</p> <p>Offering creative skills and learning opportunities The project will aim to offer activities for children between the age of 4 to 11 years old from different backgrounds and with different abilities out of school education in the community and will offer a vast range of activities in the following topics: Sciences and Green activities Arts, Craft, Recycling and Upcycling Digital inclusion and Technology Electronics, Robotics and Coding Sport sessions</p> <p>Each session will run for two hours over 30 weeks during term times in which the children/families will develop creative projects from scratch in order to develop transferable and professional skills.</p> <p>The participants will have access to our local Digital Inclusion Hub officially set up with Southwark Council, a garden located at the centre and sports facilities in order to support their well-being through a healthy lifestyle. We will collaborate with schools, social services, local charities, organisations and local residents facing family challenges</p>	£7,650

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			to support their children's education through creative learning in order to link the project with other initiatives accessible out of school hours. After a parent consultation for children with disabilities and special needs and a series of creative learning camps, there is a need of accessing spaces offering the above sessions. (Please see parents' consultation minutes). Except for sports activities happening @ Bacon's college for children with special needs and schools offering some support, the SE16 area still needs to grow the offer for local residents facing challenges.	
2343	Emilie Mendy	Community Physics garden	To build a communal physics garden with the community	£3,500
1820	The Wave Project	The Wave Project	<p>This grant can fund our Surf Therapy mini-bus travel from Southwark to the coast, and Surf Club sessions hosted at Surrey Docks Watersports Centre during the year 2023.</p> <p>The Wave Project supports young people at risk of mental health issues to experience a better life through Surf Therapy. We receive 85% of our referrals from Southwark CAMHS and Social Services which brings together people from different backgrounds.</p> <p>Our mental-health intervention starts with the Surf Therapy course, consisting of 6-weekly sessions, instructed by qualified surf coaches and lifeguards. The first three sessions start at Beckenham Park Lake. Young people familiarise themselves with the water and develop their confidence through paddleboarding. The remaining three sessions take place in Brighton, developing their surfing skills. The young people are transported from Southwark Park to Southwick beach via a mini-bus. This journey and time together provide additional time to build relationships and social skills with one another, promoting respect and consideration for each other.</p> <p>The young people are partnered 1:1 with a volunteer mentor, supporting them physically and emotionally. When surfing, falling off and getting back on their boards, being in the</p>	£4,240

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>ocean, dealing with the weather, and working together, all feed into our young people, building resilience and confidence.</p> <p>After completing their course, they can join Surf Club, meeting every 3-weeks all year round. They continue their friendships, grow in a sport and further build their confidence and resilience. This is based at Surrey Docks Watersports Centre during April - October, where young people paddleboard, kayak and canoe. During winter, we offer pathways to practice their surfing skills and explore nature within London, such as skateboarding and forest school activities.</p> <p>Once the young people turn 14, they are encouraged to become volunteer surf mentors, supporting others through their surf therapy journey.</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ward: Rotherhithe

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
1736	n/a - applying as an individual with a group sponsor	Southwark East Music Fest	<p>I plan to showcase a variety of music performances from East and South-East Asia. (ESEA). In September, 2021, ESEA Network celebrated the first ESEA heritage month in September with the aim to get it formally recognised by the government in the same way Black history and South Asian heritage month is in the UK. Therefore the ESEA was involved in deciding the need for this project. In Southwark, in particular the North East area ward we have one of the largest East Asian communities in London. This project seeks to celebrate the rich diversities of this community and its related communities through the medium of music. It also seeks to bring people together through a enjoyable family friendly music event. Though there are music ventures in the community, mostly jazz based, what makes this project unique is that it will be pioneering as it has never been done before in the borough or anywhere else. As a result, Southwark will be in the forefront of this new heritage movement. The music performance will be composed of artists from Mongolia, China, Philippines, Thailand, South Korea and Japan.</p> <p>This type of event is needed because music unites people, it's intimate, it connects people with their community. Furthermore, in a time where Asian-hate crime has increased this event embodies the Southwark Stand Together pledge of championing diversity. It also helps when we celebrate our differences, and are open to our diversity, we allow our preconceived notions to be proven wrong. The event will build cultural awareness, as it will help people to learn about other cultures and people. Furthermore, when we remove prejudices and stereotypes through education and celebration using music, we may discourage the ignorance that supports racism but encourage unity instead. I request a £1000 from each ward please.</p>	£3,452.95

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
1740	Restorative Justice for All International Institute (RJ4All)	Therapy for Mental Health (T4MH)	<p>Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified an increasing need for free and specialist mental health support particularly in the form of therapy and counselling, group sessions and fitness classes. The key reasons for this rising need are: the trauma and impact of COVID19, isolation and loneliness, poverty and growing unemployment.</p> <p>Over 12 months, T4MH will provide:</p> <ul style="list-style-type: none"> (a) specialist mental health support in the form of one-to-one therapy at our Community Centre and remote (e.g. via telephone, online) to local residents who self-refer. (b) weekly evening sessions at our Centre aiming to address isolation and loneliness by connecting neighbours and bringing generations and cultures together using the medium of restorative justice dialogue and by sharing free food. (c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga. <p>T4MH is a multi-ward project focusing on the entire SE16 post-code. It is aligned with our long-term vision of establishing the first restorative justice post-code in the world. This project and our vision aim to set up holistic local services that address poverty and encourage community and social cohesion by looking at the individual across needs and abilities.</p> <p>We are a Southwark-born community organisation, and already have an extensive pool of users asking for this project as well as requests from across the selected wards. The identified needs for the proposed three free services is expected to increase as the gap between disadvantaged and affluent local families is growing. We also have evidence</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			that alcohol and drug abuse, homelessness and unemployment have increased in the 5 estates surrounding our centre hosting over 600 families.	
1752	The Proper Blokes Club	The Proper Blokes Club - walk and talk groups	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into four other London boroughs Sutton, Greenwich, Barnet and Havering. We have over 200 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject.</p> <p>This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 4 or 5 miles. They are undertaken at a slow pace so it makes this project available for almost all men.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups.</p> <p>This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique. We do not just offer a 10 week programme like some other services so is perfect to work along side any professional support any of the users may be using.</p>	£20,200

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
1791	Mayflower Tenants Association	Summer Days Out 2023	Project will deliver tickets for entry to venues in London (eg London Zoo and theatre) and travel to the seaside for children, pensioners and those on low income to enjoy. We used to hire a coach however this is getting expensive, and we will consider more flexible options including public transport. Tickets to enter venues are getting very expensive and Londoners cannot enjoy venues in their own city. This project will help residents of our ward enjoy days out in London and the South East in 2023 including during the school holidays.	£2,500
1797	Hawkstone Tenants & Residents Association	Summer 2023 Fun Days Out	Project will provide entry tickets for venues in London (e.g. London Zoo, Kew Gardens, theatres) and travel to the seaside for children, pensioners and people on low income (e.g. universal credit). Instead of a coach we will use more flexible options including public transport. Visiting attractions in London are getting very expensive and unaffordable for many residents. This project will help Rotherhithe ward residents enjoy fun days out in London and South East 2023 and during the school holidays.	£2,000
1805	Rotherhithe festival	The Rotherhithe festival	We have run the festival now for the last 16 years the festival brings people together from all ethnic backgrounds it helps to create a community that understands One another provides a free day out for the local communities The mayors common good trust comes to the first of all to raise funds for all its projects we have proved over the years that we have helped to build a better community by bringing the community together we have information stalls we have advice stalls local counsellors and everybody asked us every year can we do it next year because it really does help local people you really do need I died to come together we are proud of what we've done over the years and hope to be able to continue what were doing Southwark Council have always founded us where we live in Southwark people do not have a lot of money on the council estates and in the area especially in this austerity and we really need to put this on to let people have a day out with their families and to make new friends and to build a community without community you are alone	£6,816
1825	Roosters Boxing Club	To provide boxing fitness and health advice to the	In early 2021 we opened a new Community Boxing Gym for Rotherhithe and Bermondsey. Roosters Gym is the brainchild of Jeff Coombes and Roy Connor, this gym	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
		youth and adults in our community	<p>is focusing on the youths in the area and getting them fit and healthy, teaching them discipline and providing them with a safe place away from the streets.</p> <p>With obesity, gang culture and knife crime all so rife in these areas, it is essential to provide a focus for children and young adults and that is the sole purpose of Roosters Gym, Jeff and Roy aim to provide a sense of belonging and pride to the local youths. They are both so passionate about these issues in their community and see the gym as way of helping children, young adults and adults alike.</p> <p>Both Jeff and Roy have many years boxing experience, both of them enjoyed the camaraderie of belonging to a boxing club from a very young age. Roy has had a total of 25 international fights boxing for England. He is now a professional coach and a level 2 amateur coach. Jeff is also now a level 2 amateur coach and he has the experience of growing up on the streets of Bermondsey and Rotherhithe and feels that he can relate to the youth in these communities.</p> <p>As the gym grows we hope to be able to offer employment and careers advice within the health and fitness industry.</p>	
1913	London Bubble Theatre Company	Older Adults' Programme 10th anniversary takeover day	<p>Bubbles Older Adults Programme challenges assumptions about age and aging. 2023 is a milestone year, marking 10 years since it began, and our takeover day will celebrate the achievements of the programme and its members.</p> <p>The programme is unique. Bubble is the only company offering Tea Break Theatre: social theatre groups for residents of Southwark sheltered housing. 2 groups meet in Rotherhithe, for our neighbours at Frank Whymark House and Ronald Buckingham Court. Bubble's building on Elephant Lane is equipped with a workshop and opens its doors twice weekly for local older men to bring projects to make, mend and upcycle at</p>	£5,145.80

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>the Rotherhithe Shed.</p> <p>At this event, our Tea Break Theatre groups and Rotherhithe Shed will come together, filling Bubble's building with activities in every room. It will be a celebration with food, music and activities for current, previous and potential members plus an invited audience of local guests.</p> <p>We have run similar events previously. A guest at our 2019 event told us: I felt emotionally moved, connected to people, exhilarated and entertained.</p> <p>Our members will curate the event, supported by specialist artists. Some groups will create work especially for it, others will help us revisit past achievements screening films and displaying work they are proud of and demonstrating what they've gained and learnt from being members of Bubble.</p> <p>Research in February 2021, by C&C (charitable sheltered housing providers) found that isolation and loneliness amongst residents increased during the pandemic from 29%-60%. Members tell us how much they value opportunities to come together, enjoy each other's company, celebrate their collective achievements and show off their creativity to an audience. One Shed member told us:</p> <p>It's very much about doing something together. It's about being another thread, just like the theatre is " just another thread in the community."</p>	
1914	Big Local Works Bermondsey	The Skills Bridge	<p>'The Skills Bridge is a new programme of employment support by Big Local Works (BLW) that will build on our successful Employment Programme and provide the most disaffected Southwark residents with:</p> <ul style="list-style-type: none"> Key Employability and life skills training Information on local job opportunities 	£4,930

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>Welfare and Benefits information Mentoring Tailored 1-2-1 advice and guidance</p> <p>Big Local Works has an extensive history of supporting unemployed people across Southwark. Our work builds local people's economic resilience, reduces poverty and its effects, and helps people build their independence and financial well-being.</p> <p>We work, day in, day out with Unheard clients, many are long-term unemployed, not in education or training, others have small children and struggle to meet the bills, or balance work with childcare. Some can work but need support to build confidence to get them closer to the workplace. Others have illnesses and disabilities which mean they are less able to work.</p> <p>Participants on The Skills Bridge will receive 1-2-1 job search support and Employability & Resilience training. It focuses on giving individuals the skills they need to secure sustainable employment and build on their natural resilience. We will guide participants through key employability and life skills including:</p> <ul style="list-style-type: none"> Confidence and resilience Key money management skills Key Life and Cooking skills with our vegan cooking programme <p>CV skills "showing your best you" Job Searching process The Application and Interview Process Effective Communication The Importance of Professionalism Teamwork</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>Conflict management</p> <p>This will be delivered in fortnightly training sessions here at BLW. Upon registration participants will be assigned a mentor who will work with participants to develop a personal job search plan, based on skills and ambitions, and discuss and plan for any ongoing support needs.</p>	
1932	Musical Mayhem London	Musical Mayhem Scholarships	I often have families saying they are unable to continue classes due to financial struggles, and I will never not have a family join us, and offer then scholarships. It costs the company, and as we aren't really a profit making business it would be very helpful to have some funding to help with these scholarships. We had 5 Ukrainian Refugees who attended our classes on a fully scholarship.	£2,268
1962	Longfield TRA	King of the Castle Day	To celebrate the king's coronation to open up for all the children and parents to celebrate	£4,700
2004	Living Bankside	Living Bankside Academy	See Living Bankside Academy Report	£31,000
2014	Canada Estate Tenants and Residents Association	Canada Estate Community building day out to the seaside	We need to take the people off the estate to get down to the seaside this also helps us build a better community by bringing people from all different backgrounds together for a fun day out by the sea	£1,000
2019	Nigel Moyce	Southwark Park Artist in Residence	<p>The project will provide an artist based in Southwark Park who will record activities and events that happen in the park. The idea originated from Southwark Park Cricket Club, because they would like to have a cricket artist available to produce occasional commemorative artworks marking their games, as is done for international Test Matches.</p> <p>This idea was then discussed with Sheila Taylor, Chair of Cherry Garden Tenants & Residents Association, which is the local supporting body for the Cricket Club. Sheila was enthusiastic and suggested broadening the concept and creating the role of 'Artist in Residence' for the Park. This would provide someone who could record in art not only</p>	£1,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>cricket, but also bowls, tennis, football and all the other sporting activities which take place in the park. This would include both formal and informal activities, and possibly even non-sporting ones.</p> <p>This concept would bring together the various park user groups and help create a greater sense of community. By participating in the art projects, people would be brought into contact with others, learn about different activities, cultures and interests. This friendly interaction would be a great benefit and social support to the diverse community of Southwark Park.</p> <p>I have lived and worked in Southwark and its park for over twenty years and developed numerous contacts amongst the park users. The park is very important to the surrounding community and much valued as a venue for friendly recreation and socialising. Having the park activities recorded in art would be an additional pleasure for everyone.</p>	
2023	Canada Water FC	Canada Water FC	Canada Water FC is a local grassroots football club our project will allow us to provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable young people providing them with a chance to be successful later on I life . It will also see young people from divers and multicultural backgrounds come together.	£15,258.50
2025	Global Generation	Growing Food and Cooking Feasts Together	Since October 2021 we have been growing the new Paper Garden in Canada Water. Families, businesses, community groups, schools have all helped to transform a slab on concrete into a diverse habitat for wildlife and food growing. In 2022 we set up	£4,940

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>community growing beds, which have been a huge success. "Having no garden in the inner city is no joke. Post-pandemic, I was wary about community groups but, because this is outside, I felt safer. With so much regeneration happening locally, it's brilliant to be part of this community space. Long may it be here." - Amanda, Community Grower 2022. With further support we wish to grow the garden further and expand the community grower programme, increasing horticultural training and cooking classes for new growers in 2023. The funding will provide the following at the Paper Garden: 12 x horticultural training workshops and dinner for 20 community growers; 12 x cooking classes on Saturdays for 50 community growers and those accessing local food pantries/banks/fridges. The cooking workshops will provide local people with knowledge and skills to take back to their communities at home. We have seen a huge gap in the knowledge around the fresh food we deliver to the food pantries and what people know about their preparation and benefits. The grow beds will provide local people with a community space to test ideas, experimenting with their own growing projects and growing connections with each other. The community growers will share produce for their cooking, decide on meals together, and what to grow together. Sharing dinner together after the training will create the space to bond, form relationships and connect in a healthy environment.</p>	
2032	Bermondsey Community Kitchen	Bermondsey Community Kitchen inc London Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>BCK through the Covid 19 crisis provided over 5000 healthy nutritious ready to eat meals to the local community. This highlighted the essential need for a cooked food provision service in Southwark and was something we continued last year.</p>	£4,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>This year we are expanding this project across the whole of Southwark. The local food banks are overwhelmed with their growing clients. Our project offers something different to the traditional food bank, providing healthy nutritious homemade ready to eat meals.</p> <p>The current cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	
2055	The Bermondsey Artists' Group managing Southwark Park Galleries	Allotment Club with craft activities for Low-Income Local Families in North-East Southwark	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 11 years we have engaged over 4,250 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the tools and knowledge to grow their</p>	£6,320

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from April-October 2023. The families will work with a community gardener and workshop leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we will provide reusable infusers so that families can make hot drinks during the workshops using the herbs available in our allotment. This will significantly raise awareness around natural remedies and herbs' health benefits. To encourage even more families to join our free sessions, this year our gardener and workshop leader will run a Pilot taster gardening session at a local nursery.</p>	
2060	Hawkstone Tenants & Residents Association	Hawkstone Kids Fun Day	Have a fun day for kids on our estate during their school holiday	£1,000
2118	Spring Community Hub	Holiday club	Spring Community Hub's objective is to support those who are experiencing financial challenges, causing Food Insecurity, and Activities such as providing Food Parcels. The Holiday Activity Club and other relevant services help them to maximise the income they have.	£3,975

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>The Club provides nutritious food, play and learning opportunities. These actions provide great relief for parents because it reduces money worries triggered by food insecurity, spending money on pricey child entertainment, and compromising time at work to provide additional childcare.</p> <p>The Club provides further social benefits: most of the activities for children are fun games that nudge behaviour towards healthy eating, exercise and social inclusion. This stimulates a legacy of social integration and maintains general mental and physical well-being in Southwark.</p> <p>At each session, our aim is to alleviate holiday hunger, give Families the opportunity to participate and engage with their children through arts and crafts, and dance to promote well-being, reduce the loss of learning by introducing educational play such as word searches, giving out books, storytelling and social interaction such as trips to minimise isolation.</p> <p>Finally, running the Holidays Club helps to develop confidence in our volunteers some of whom are Central Southwark Community Hub adult clients and therefore improving the efficiency of the Central Southwark Community Hub.</p>	
2124	Southwark park association 1869	Southwark Park Summer Activities Programme 2023	<p>A summer programme of 7 free events for the community:</p> <ul style="list-style-type: none"> - Family picnic - Bobby Abel Cricket Cup for Primary Schools - medals, certificates and trophy - Tennis tournament for children - Guided Tree Walk - Guided Bat Walk - Bandstand concert - Come and Try Bowls for adults 	£2,200

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>- Insurances</p> <p>Many residents within the wards are economically disadvantaged, often living in flats and reliant upon the park as a place for their healthy recreation. The provision of this free programme of events will help families during the cost of living crisis in the peak summer period when events are at a premium.</p>	
2168	Parentskills2go	Soft outreach activities, dressmaking and parent space for SEN families	<p>1. To provide families from the local community with soft outreach activities during the half term and holiday period, these sessions will be supported with hot meals. 2. To provide 2 ten week sewing workshops for parents and carers in the local community that will able them develop skills that can lead on to further training and employment The aim is to encourage positive change and enable parents to realise their potential and fulfil their goals. One part of the programme will focus on freehand cutting patterns as opposed to the conventional dressmaking pattern and the other aspect is to support basic sewing skills that can help reduce cost of buying new stuff and maintain not so new items. 3. To provide a space for parents and carers of children with special needs where they can meet and discuss and share issues , get support and respite during the time of dropping and picking up their children from school The aim of these 3 projects is to support learning and development that can enhance abilities and promote mental and emotional well being, reduce isolation and increase confidence and self esteem. It is also about improving confidence in accessing services, promoting family learning and reducing food poverty. Through previous sessions and activities we have found out that the impact of covid is still being felt by families in terms of their mental and emotional well being; families with SEN children who have been attending our after school activities believe that a space to 'breathe' will be helpful and parents have also said that they have a desire to learn sewing but find it difficult to read and understand conventional dressmaking patterns especially if they don't have literacy and numeracy skills. The cost of living Crisis is highlighting these issues more</p>	£4,680

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
2169	Church + Community Singers	Church + Community Singers	<p>The project, which is being piloted now has currently brought children of primary school age, and most of them live in the community of Silwood, to develop their abilities to sing contemporary songs; as well as build their self-confidence to do live musical performances of singing and dancing in front of a crowd of community people.</p> <p>The pilot project is currently creating opportunities for parents/care givers in the community to find an additional safe and warm place in their locality to leave their children, where they would be gainfully engaged, mix with other children to learn how to sing, dance and perform for an audience. Consequently, creating the enabling environment for children not only to leave their couches and computer gadgets (i.e., take a break from their screen time) but also to be creative, as the children are encouraged to come up with ideas on the kind of choreography that would go with their songs.</p> <p>The pilot project also majors on character formation. Contemporary songs with themes like kindness, good neighbourliness, empathy, respect, gratitude, etc. are taught and the meaning of the lyrics explained so that the children would learn the moral lessons behind each song they sing.</p> <p>The pilot project also engenders the opportunity for parents/care givers in the community to meet and interact, thus building community cohesion.</p> <p>The pilot project is to be launched in April of 2023 i.e., fully mainstreamed in the community.</p>	£3,360
2267	n/a - applying as an individual with a group sponsor	Bermondsey Boulders - Youth Summer Program	<p>The climbing group community projects aims to bring people from the local community together to meet like minded locals through the climbing sport of bouldering. The activity seeks to meet the physical, mental and social needs of locals within the community. I seek now to expand this activity to young people within the community however as bouldering is a activity that requires some cost I seek to use this neighbourhood fund to</p>	£320

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			provide me a source of funding to sponsor children in the community to climb regularly during the summer holidays of 2023. It will be a great source of physical, mental and social well being for the young people.	
2282	Southwark Park Cricket Club	Southwark Park Community Cricket Carnival	<p>SPCC is the local community cricket club providing coaching and playing opportunities for men women and children at no or low cost.</p> <p>For the past 5 years we have run free children's coaching as well as the ECBs All Stars and Dynamos programmes.</p> <p>We have consistent feedback from children and parents that many children would love to showcase their skills in a matchplay environment. The proposed festival will include 2 x children's matches and will be a fun occasion with commentary and medals.</p> <p>The festival will include a women's match against a visiting ladies XI and will raise the profile of women's cricket in the area. In 2022, SPCC women hosted the first women's match to be played in the Park's 170 history.</p> <p>The festival will include a one day six a side competition involving local teams and allow residents in the north of the borough to experience this exciting format which has not been played before in Southwark park.</p> <p>The purpose of the festival is not just to provide more opportunities to play cricket, but to show park users and the local community the range of or inclusive and accessible sporting opportunities available (for men, women and children), that have been developed by local volunteers over the last decade.</p> <p>It will mark an important milestone in the growth of community cricket at the historic Southwark Park Oval, a process which has included significant investment by the</p>	£1,801

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>council in community sporting facilities. The aspiration is for the community cricket festival to become an annual event in Southwark Park.</p> <p>Funding is sought to demonstrate proof of concept which will allow SPCC to secure sponsorship for the event for 2024 onwards.</p>	
2295	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Club	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity</p>	£6,349

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	
2336	Meanwhile Space CIC	The Hithe Community Garden	<p>We want to create a community garden and events programme for locals giving opportunities to be involved in growing, maturing, and managing a garden. The space will also be a flexible outside theatre and arts space, offering exploration between nature and creativity.</p> <p>We are curating a program for Albion Primary School, Albion Street Group Practice, Time and Talents group plus interested volunteers. Sessions will include gardening, printmaking, storytelling, nature-learning.</p> <p>The garden will provide a safe space to have hands-on access to nature and creativity. This has been supported by Albion Primary School as will benefit children's mental health, inform them about climate issues, encourage healthy lifestyles. There is positive feedback about creating multi-generational events between older people and children.</p> <p>Designed and created through local stakeholder consultation, The Hithe ethos is a space to support the local community. Rotherhithe scored very badly in the Urban Health Index regarding inclusiveness: Active engaged community (56/68), community needs (59/68), connectedness (67/68) . We wish to help this by establishing The Hithe as a community hub welcoming more members of the community to take part in the</p>	£4,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>gardening and arts programme.</p> <p>Targets: Recruit 30 participants (15 regular children from school, 5-10 regular volunteers through GP surgery, 5 regular volunteers through Time and Talent). X 2 workshop a month for Albion School (alternating between arts and gardening seasons provided). X 1 a term multi-generation event with older people. X 1 workshop a month for older people X 1 workshop a month vulnerable participants. Weekly community gardening / art workshop / get-together.</p> <p>Milestones: Organisation of events program: Seasonal garden activities (seed sowing, food growing, harvesting, cooking). Recruitment + organisation of art workshops and facilitators. Recruitment of older generation and vulnerable group from GP Surgery (social prescribing GP recommendations, posters) Recruitment of regular volunteer sessions (social media, posters).</p>	
1820	The Wave Project	The Wave Project	<p>This grant can fund our Surf Therapy mini-bus travel from Southwark to the coast, and Surf Club sessions hosted at Surrey Docks Watersports Centre during the year 2023.</p> <p>The Wave Project supports young people at risk of mental health issues to experience a better life through Surf Therapy. We receive 85% of our referrals from Southwark CAMHS and Social Services which brings together people from different backgrounds.</p> <p>Our mental-health intervention starts with the Surf Therapy course, consisting of 6-weekly sessions, instructed by qualified surf coaches and lifeguards. The first three</p>	£4,240

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description:	Amount Requested [£]:
			<p>sessions start at Beckenham Park Lake. Young people familiarise themselves with the water and develop their confidence through paddleboarding. The remaining three sessions take place in Brighton, developing their surfing skills. The young people are transported from Southwark Park to Southwick beach via a mini-bus. This journey and time together provide additional time to build relationships and social skills with one another, promoting respect and consideration for each other.</p> <p>The young people are partnered 1:1 with a volunteer mentor, supporting them physically and emotionally. When surfing, falling off and getting back on their boards, being in the ocean, dealing with the weather, and working together, all feed into our young people, building resilience and confidence.</p> <p>After completing their course, they can join Surf Club, meeting every 3-weeks all year round. They continue their friendships, grow in a sport and further build their confidence and resilience. This is based at Surrey Docks Watersports Centre during April - October, where young people paddleboard, kayak and canoe. During winter, we offer pathways to practice their surfing skills and explore nature within London, such as skateboarding and forest school activities.</p> <p>Once the young people turn 14, they are encouraged to become volunteer surf mentors, supporting others through their surf therapy journey.</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ward: South Bermondsey

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1736	n/a - applying as an individual with a group sponsor	Southwark East Music Fest	<p>I plan to showcase a variety of music performances from East and South-East Asia. (ESEA). In September, 2021, ESEA Network celebrated the first ESEA heritage month in September with the aim to get it formally recognised by the government in the same way Black history and South Asian heritage month is in the UK. Therefore the ESEA was involved in deciding the need for this project. In Southwark, in particular the North East area ward we have one of the largest East Asian communities in London. This project seeks to celebrate the rich diversities of this community and its related communities through the medium of music. It also seeks to bring people together through a enjoyable family friendly music event. Though there are music ventures in the community, mostly jazz base, what makes this project unique is that it will be pioneering as it has never been done before in the borough or anywhere else. As a result, Southwark will be in the forefront of this new heritage movement. The music performance will be composed of artists from Mongolia, China, Philippines, Thailand, South Korea and Japan.</p> <p>This type of event is needed because music unites people, it's intimate, it connects people with their community. Furthermore, in a time where Asian-hate crime has increased this event embodies the Southwark Stand Together pledge of championing diversity. It also helps when we celebrate our differences, and are open to our diversity, we allow our preconceived notions to be proven wrong. The event will build cultural awareness, as it will help people to learn about other cultures and people. Furthermore, when we remove prejudices and stereotypes through education and celebration using music, we may discourage the ignorance that supports racism but encourage unity instead. I request a £1000 from each ward please.</p>	£3,452.95
1740	Restorative Justice for All International Institute (RJ4All)	Therapy for Mental Health (T4MH)	Following consultations with residents in the SE16 area as well as discussions with the Councillors (e.g. Nick Johnson) of the selected Wards, we have identified an increasing need for free and specialist mental health support particularly in the form of therapy and	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>counselling, group sessions and fitness classes. The key reasons for this rising need are: the trauma and impact of COVID19, isolation and loneliness, poverty and growing unemployment.</p> <p>Over 12 months, T4MH will provide:</p> <p>(a) specialist mental health support in the form of one-to-one therapy at our Community Centre and remote (e.g. via telephone, online) to local residents who self-refer.</p> <p>(b) weekly evening sessions at our Centre aiming to address isolation and loneliness by connecting neighbours and bringing generations and cultures together using the medium of restorative justice dialogue and by sharing free food.</p> <p>(c) bi-monthly fitness group classes at the centre and online especially activities that tend to lift spirits and target our priority groups including indoor cycling, Zumba, salsa and yoga.</p> <p>T4MH is a multi-ward project focusing on the entire SE16 post-code. It is aligned with our long-term vision of establishing the first restorative justice post-code in the world. This project and our vision aim to set up holistic local services that address poverty and encourage community and social cohesion by looking at the individual across needs and abilities.</p> <p>We are a Southwark-born community organisation, and already have an extensive pool of users asking for this project as well as requests from across the selected wards. The identified needs for the proposed three free services is expected to increase as the gap between disadvantaged and affluent local families is growing. We also have evidence that alcohol and drug abuse, homelessness and unemployment have increased in the 5 estates surrounding our centre hosting over 600 families.</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1745	Afro-Brazilian Arts & Cultural Exchange Institute	Fighting Inequality Project	<p>The aim of our organization is to use the arts, Music, dance and performing arts as the vehicle of education and the inspiration for disadvantaged people in the community. Our activities are aimed to support, people to develop their skills in order to have a better chance to integrate in the community and a better future. As a result of our activities we are aiming to reach our outcome of building stronger relationships within the community. and break barriers among members of the community coming from different backgrounds and cultures, facilitating their social inclusion. The main activities of our organisation are: Afro-Brazilian Martial Arts, dance, performing arts and music. Some of the differences that our organisation is aiming to achieve with our project in Bermondsey are:</p> <ul style="list-style-type: none"> - Reduction in the numbers of NEET young people and significant reduction in gang formation in the area of operation. - Reduction of youth crime and drug abuse rates in the areas where the project operates. - Increase in participation in Sport and arts activities among young people ages 4 to 25. <p>We support the young people in their skills development and creation of sense of belonging to a group. Our activities promote commitment, discipline and guided the young people thorough out the necessary steps to pursue their dreams and ambitions.</p>	£4,500
1752	The Proper Blokes Club	The Proper Blokes Club - walk and talk groups	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into four other London boroughs Sutton, Greenwich, Barnet and Havering. We have over 200 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject.</p>	£20,200

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 4 or 5 miles. They are undertaken at a slow pace so it makes this project available for almost all men.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups.</p> <p>This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique. We do not just offer a 10 week programme like some other services so is perfect to work along side any professional support any of the users may be using.</p>	
1780	City Hope church	Healthy families, healthy community	We want to host a celebration of families with a fun day complete with sports competitions, team games and activities for younger siblings. While the target of this even would be teenagers, we want to celebrate with them within their family units, we want parents and younger siblings to feel included and welcomed as we build and celebrate community.	£4,050
1821	Love North Southwark CIC	Food pantry	<p>We are helping over 180 people in our community and surrounding area we help with discount food supplies we offer 12 items of groceries and fresh vegetables dairy products</p> <p>We are in greater demand from our community as rising cost of living is rising we need funding to help carry on our food pantry so we can help support these families elderly people of our community</p> <p>We also have a advice centre for people with housing benefits problems and family issues</p> <p>We run activities for all ages</p>	£7,600

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>Bingo knitting starting cooking classes helping people cook and make uses of food ingredients on A low budget Baby yoga chair Exercise We are going to open the back space for allotments As we feel people can benefit from seeding and growing they own vegetables We will hand out our vegetables we grow We feel the future is within these projects we are doing</p>	
1825	Roosters Boxing Club	To provide boxing fitness and health advice to the youth and adults in our community	<p>In early 2021 we opened a new Community Boxing Gym for Rotherhithe and Bermondsey. Roosters Gym is the brainchild of Jeff Coombes and Roy Connor, this gym is focusing on the youths in the area and getting them fit and healthy, teaching them discipline and providing them with a safe place away from the streets.</p> <p>With obesity, gang culture and knife crime all so rife in these areas, it is essential to provide a focus for children and young adults and that is the sole purpose of Roosters Gym, Jeff and Roy aim to provide a sense of belonging and pride to the local youths. They are both so passionate about these issues in their community and see the gym as way of helping children, young adults and adults alike.</p> <p>Both Jeff and Roy have many years boxing experience, both of them enjoyed the camaraderie of belonging to a boxing club from a very young age. Roy has had a total of 25 international fights boxing for England. He is now a professional coach and a level 2 amateur coach. Jeff is also now a level 2 amateur coach and he has the experience of growing up on the streets of Bermondsey and Rotherhithe and feels that he can relate to the youth in these communities.</p> <p>As the gym grows we hope to be able to offer employment and careers advice within the health and fitness industry.</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1835	Trothy Road residents	International Street Party	<p>Last year we held the first ever street party on Trothy Road. Over 100 local residents attended from nearby streets, representing all ages and backgrounds. The event was such a success in bringing together the community after tough Covid years. We want to build on this to create a regular annual community gathering with food, music and activities for all. We plan an international theme to celebrate the wonderful diversity of our community.</p> <p>We plan games, face painting and crafts for children giving them a chance to get to know their neighbours. A bake off, raffle, and book exchange for adults will bring much needed fun for people who are not finding life easy at the moment.</p> <p>Trothy Road and the surrounding streets have a real mix of old and new residents, ages and ethnicities. Last year we found bringing people together has had lasting impact. A friendlier neighbourhood where people know each other a little better, sharing if food and cultural conversations, a street what's app group to share information about security, cleaning and anything else.</p>	£280
1858	Nature Vibezzz	Family Forest School at Galleywall Nature Reserve	<p>The project will run 12 weekly Forest School, environmental education activity sessions at Galleywall Nature Reserve in 2023 in partnership with Friends of Galleywall Nature Reserve. Activities will on weekday mornings and will be focusing on local families with preschool and home educated children. Activities will include</p> <ul style="list-style-type: none"> - Promoting wildlife through planting wild flowers, building habitats, etc. - Reusing materials through instructive workshops - Woodcraft, - Bushcraft skills, using tools, etc - Forest School (including healthy outdoor cooking) <p>Through June and July 2022 Nature Vibezzz ran 5 free Family Forest School activities in partnership with Friends of Galleywall Nature Reserve at the site. Sessions were well attended by a diverse range of families from the local area, who stated an interested in</p>	£4,350

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>sessions to be continued</p> <p>Many urban children in London have very little experience using the outdoors with early years sessions the most challenging. Project sessions will help families to gradually adjust to outdoor play, learn and create an outdoor culture.</p> <p>We will increase awareness of the site through running public and tailor-made events to highlight the environmental importance of the site. Teaching about the local environment and ways participants can help protect the reserve.</p> <p>Participants will learn ways to make their lifestyles healthier increasing physical activity, exposure to fresh air and the natural environment, which is crucial for people living sometimes in cramped conditions, especially those coming out of lockdown who need their confidence building.</p> <p>Families will work together making improvements to the site, increasing the site biodiversity, creating new wildlife habitats and building a closer community connection to the site. Creating a site that is used on a more regular basis which in turn will reduce the incidents of site vandalism.</p> <p>Many project activities shall improve educational attainment of disadvantaged children</p>	
1914	Big Local Works Bermondsey	The Skills Bridge	<p>'The Skills Bridge is a new programme of employment support by Big Local Works (BLW) that will build on our successful Employment Programme and provide the most disaffected Southwark residents with:</p> <ul style="list-style-type: none"> Key Employability and life skills training Information on local job opportunities Welfare and Benefits information Mentoring Tailored 1-2-1 advice and guidance <p>Big Local Works has an extensive history of supporting unemployed people across Southwark. Our work builds local people's economic resilience, reduces poverty and its</p>	£4,930

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>effects, and helps people build their independence and financial well-being.</p> <p>We work, day in, day out with Unheard clients, many are long-term unemployed, not in education or training, others have small children and struggle to meet the bills, or balance work with childcare. Some can work but need support to build confidence to get them closer to the workplace. Others have illnesses and disabilities which mean they are less able to work.</p> <p>Participants on The Skills Bridge will receive 1-2-1 job search support and Employability & Resilience training. It focuses on giving individuals the skills they need to secure sustainable employment and build on their natural resilience. We will guide participants through key employability and life skills including:</p> <ul style="list-style-type: none"> Confidence and resilience Key money management skills Key Life and Cooking skills with our vegan cooking programme <p>CV skills “showing your best you”</p> <ul style="list-style-type: none"> Job Searching process The Application and Interview Process Effective Communication The Importance of Professionalism Teamwork Conflict management <p>This will be delivered in fortnightly training sessions here at BLW.</p>	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			Upon registration participants will be assigned a mentor who will work with participants to develop a personal job search plan, based on skills and ambitions, and discuss and plan for any ongoing support needs.	
1932	Musical Mayhem London	Musical Mayhem Scholarships	I often have families saying they are unable to continue classes due to financial struggles, and I will never not have a family join us, and offer then scholarships. It costs the company, and as we aren't really a profit making business it would be very helpful to have some funding to help with these scholarships. We had 5 Ukrainian Refugees who attended our classes on a fully scholarship.	£2,268
1962	Longfield TRA	King of the Castle Day	To celebrate the king's coronation to open up for all the children and parents to celebrate	£4,700
1970	Unity Music Arts Team C.I.C	Let's Make Music & Dance At The Blue Market 2023	<p>Let's Make Music & Dance at The Blue Market is an extension to our small scale live music events held at The Blue since 2019.</p> <p>The Blue is a community asset space which the live music and dancing brings the community together. The Blue Market Place is gradually attracting new investment and stall offerings . The live music helps with customer retention and attracting a wider demographic. I see the same potential for The Blue which happened over the past decade at the Deptford Market Place in Lewisham .</p> <p>Live music and dance is a universal language, this harmonious togetherness which is greatly needed during these difficult times. Small scale FREE public events not only help the local residents they also support the local businesses and local economy.</p> <p>The Blue Market is better suited towards presenting small scale events , with consideration of the residential flats above the Market Square . Our aim is to present 5 outdoor FREE public events incorporating semi acoustic music offerings of pop, folk reggae and blues on the first Saturday of each month between MAY - SEPTEMBER.2023 between the hours 1pm - 4pm Incorporating community dancing</p>	£2,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>sessions of both vintage jazz Charleston style and Salsa Latin dancing .</p> <p>We found that during this years programme the community dancing was a welcomed addition to the live music offering and the local residents supported this idea . We believe this is the way forward for The Blue Market , by adapting and becoming more diverse and inclusive.</p>	
2004	Living Bankside	Living Bankside Academy	See Living Bankside Academy Report	£31,000
2019	Nigel Moyce	Southwark Park Artist in Residence	<p>The project will provide an artist based in Southwark Park who will record activities and events that happen in the park. The idea originated from Southwark Park Cricket Club, because they would like to have a cricket artist available to produce occasional commemorative artworks marking their games, as is done for international Test Matches.</p> <p>This idea was then discussed with Sheila Taylor, Chair of Cherry Garden Tenants & Residents Association, which is the local supporting body for the Cricket Club. Sheila was enthusiastic and suggested broadening the concept and creating the role of 'Artist in Residence' for the Park. This would provide someone who could record in art not only cricket, but also bowls, tennis, football and all the other sporting activities which take place in the park. This would include both formal and informal activities, and possibly even non-sporting ones.</p> <p>This concept would bring together the various park user groups and help create a greater sense of community. By participating in the art projects, people would be brought into contact with others, learn about different activities, cultures and interests. This friendly interaction would be a great benefit and social support to the diverse community of Southwark Park.</p>	£1,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			I have lived and worked in Southwark and its park for over twenty years and developed numerous contacts amongst the park users. The park is very important to the surrounding community and much valued as a venue for friendly recreation and socialising. Having the park activities recorded in art would be an additional pleasure for everyone.	
2023	Canada Water FC	Canada Water FC	Canada Water FC is a local grassroots football club our project will allow us to provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable young people providing them with a chance to be successful later on I life . It will also see young people from divers and multicultural backgrounds come together.	£15,258.50
2032	Bermondsey Community Kitchen	Bermondsey Community Kitchen inc London Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>BCK through the Covid 19 crisis provided over 5000 healthy nutritious ready to eat meals to the local community. This highlighted the essential need for a cooked food provision service in Southwark and was something we continued last year.</p> <p>This year we are expanding this project across the whole of Southwark. The local food banks are overwhelmed with their growing clients. Our project offers something different</p>	£4,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>to the traditional food bank, providing healthy nutritious homemade ready to eat meals.</p> <p>The current cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	
2064	Millwall Community Trust	Kicks @ Ellen Brown Adventure Playground	<p>Our Kicks programme aims to inspire vulnerable and at-risk children and young people to achieve their potential and improve their wellbeing; working together with the community and partners to build a stronger, safer and more inclusive community in South Bermondsey.</p> <p>Millwall Community Trust will deliver a youth-focused community football & engagement programme of diversionary activities where young people from the ages of 8 to 18 can take part in free weekly sessions (football, dance, boxing, music) at the Ellen Brown Adventure Playground facility and gain coaching and volunteering experience. More structured volunteering opportunities will be made available to young adults from the ages of 19 to 25. Using the reach and appeal of the Millwall Football Club brand, the Kicks programme will positively contribute towards the social challenges and diverse population of South Bermondsey and help inspire young people away from those who</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>may find themselves caught up in gang and criminal related activities.</p> <p>The project will provide young people with the opportunity to attend structured, open accessed football and youth engagement sessions for 48 weeks of the year which take place in a safe environment. We will engage with approximately 30-40 vulnerable and at-risk children and young people at each session. Through Kicks we also have a specific aim to break down barriers and ensure that all young people feel comfortable being part of our programme. As such we look to deliver specific interventions as and where required to provide further engagement opportunities for any groups which are under-represented from within the community. This will include the development of female only sessions, events and tournaments.</p> <p>Through the Kicks project we will also deliver a range of healthy lifestyle workshops designed to help the young people be more resilient and understand how they can keep themselves healthy and safe.</p>	
2076	Nigeria National Community (NNC)	Intergenerational Community Project	<p>We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youths and elders in the community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.</p>	£5,050
2267	n/a - applying as an individual with a group sponsor	Bermondsey Boulders - Youth Summer Program	<p>The climbing group community projects aims to bring people from the local community together to meet like-minded locals through the climbing sport of bouldering. The activity seeks to meet the physical, mental and social needs of locals within the community. I seek now to expand this activity to young people within the community however as bouldering is an activity that requires some cost I seek to use this neighbourhood fund to</p>	£320

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			provide me a source of funding to sponsor children in the community to climb regularly during the summer holidays of 2023. It will be a great source of physical, mental and social wellbeing for the young people.	
2295	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Club	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p> <p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem-solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different</p>	£6,349

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	
2298	Rouel Blue Garden Club	Workshops and Gatherings to enhance the Orchard	<p>The Ada Salter Centenary brought together Trees for Bermondsey, The Rouel Blue Garden Club (RBGC), St James Primary School & LNPC Rangers to plan and plant an orchard in November 2021 to further increase the tree canopy in SE16 with invaluable help from Southwarks Tree Department.</p> <p>The RBGC developed the Orchard with residents of the Rouel Road estate & St James Primary School pupils. We now want to have regular skill-sharing sessions providing a safe area for interaction and education on the value and diversity of the Orchard to ensure the maintenance of the Orchard for the coming years. Over 50 people helped plant the trees and hedge and, due to the drought, a group met weekly to water the young trees. People, of all ages, passing by, enquired and gave contact details to join in to help with tasks and attend sessions.</p> <p>The Primary School has installed gates with direct access to the space so they can use it for open classroom events.</p> <p>Suggestions made have developed the workshops we plan:</p> <p>Bird & Bat box building Creation of a soft fruit area and multiple suggestions for the use of fruits. Planting of wild native bulbs Creation of an information board detailing the orchard trees and how they are looked after. 4 sessions to gather the communities' ideas, 2 design sessions</p>	£356

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>Instruction sessions on correct pruning methods. Creation of natural seating for School classroom days: logs shaped for a child's seat. Autumn Apple day event, several activities: apple printing, Apple wreath - glue dried apple rings, Apple bobbing, The Longest Peel Competition. Apple pie & cake competition Native wild plant ID and Mushroom ID sessions Recipe collection, to gather different uses of the fruit, drying, preserving etc. we have a jam making expert living close by.</p>	
2299	Galleywall Nature Reserve	Bee friendly planting day	<p>We have 2 beehives in Galleywall Nature Reserve and every year we aim to replenish the stock of plants that will attract bees. We have an observation hive that is used regularly by adults and children during the summer months. We aim to plant annual and perennial plants as recommended by our resident beekeeper to encourage bees to remain in the reserve. We will run a day focusing on this, together with our resident beekeeper who will be available to provide fun and education to those involved. The benefits that will accrue from this day include: increased knowledge and confidence about bees for all those who use the reserve; attracting bees to the reserve to maintain its health and ensure that honey is made in the hives; create greater biodiversity in planting in the reserve; education of children and families about which plants attract bees.</p> <p>We feel that this is needed because we need to restock the reserve with appropriate plants.</p>	£175

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ward: North Bermondsey

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1736	N/A - applying as an individual with a group sponsor	Southwark East Music Fest	<p>I plan to showcase a variety of music performances from East and South-East Asia. (ESEA). In September, 2021, ESEA Network celebrated the first ESEA heritage month in September with the aim to get it formally recognised by the government in the same way Black history and South Asian heritage month is in the UK. Therefore the ESEA was involved in deciding the need for this project. In Southwark, in particular the North East area ward we have one of the largest East Asian communities in London. This project seeks to celebrate the rich diversities of this community and its related communities through the medium of music. It also seeks to bring people together through a enjoyable family friendly music event. Though there are music ventures in the community, mostly jazz based, what makes this project unique is that it will be pioneering as it has never been done before in the borough or anywhere else. As a result, Southwark will be in the forefront of this new heritage movement. The music performance will be composed of artists from Mongolia, China, Philippines, Thailand, South Korea and Japan.</p> <p>This type of event is needed because music unites people, it's intimate, it connects people with their community. Furthermore, in a time where Asian-hate crime has increased this event embodies the Southwark Stand Together pledge of championing diversity. It also helps when we celebrate our differences, and are open to our diversity, we allow our preconceived notions to be proven wrong. The event will build cultural awareness, as it will help people to learn about other cultures and people. Furthermore, when we remove prejudices and stereotypes through education and celebration using music, we may discourage the ignorance that supports racism but encourage unity instead. I request a £1000 from each ward please.</p>	£3,452.95

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
1745	Afro-Brazilian Arts & Cultural Exchange Institute	Fighting Inequality Project	<p>The aim of our organization is to use the arts, Music, dance and performing arts as the vehicle of education and the inspiration for disadvantaged people in the community. Our activities are aimed to support, people to develop their skills in order to have a better chance to integrate in the community and a better future. As a result of our activities we are aiming to reach our outcome of building stronger relationships within the community. and break barriers among members of the community coming from different backgrounds and cultures, facilitating their social inclusion. The main activities of our organisation are: Afro-Brazilian Martial Arts, dance, performing arts and music. Some of the differences that our organisation is aiming to achieve with our project in Bermondsey are:</p> <ul style="list-style-type: none"> - Reduction in the numbers of NEET young people and significant reduction in gang formation in the area of operation. - Reduction of youth crime and drug abuse rates in the areas where the project operates. - Increase in participation in Sport and arts activities among young people ages 4 to 25. <p>We support the young people in their skills development and creation of sense of belonging to a group. Our activities promote commitment, discipline and guided the young people thorough out the necessary steps to pursue their dreams and ambitions.</p>	£4,500
1752	The Proper Blokes Club	The Proper Blokes Club - walk and talk groups	<p>TPBC has been providing a men's walk and talk group in the area since September 2020 with the aim of creating a safe space for men to open up about mental health. We have since expanded into four other London boroughs Sutton, Greenwich, Barnet and Havering. We have over 200 men involved in the project throughout all the areas with Southwark being our main hub and HQ.</p> <p>On average 94 men a week are taking their own lives and we believe that maintaining this safe space we can help reduce that number and really save lives by creating positive communications around the subject.</p>	£20,200

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>This project tackles not only positive mental wellbeing but also promotes an active lifestyle with the walks themselves. On average the walks are between 4 or 5 miles. They are undertaken at a slow pace so it makes this project available for almost all men.</p> <p>What we deal with on these walks are mostly stress and anxiety related issues due to work, but it also covers a wide wide of mental health issues. The environment we have created helps to ease a lot of these issues due to the relaxing nature of the groups. We have also found that strong friendships are formed from the groups which helps to maintain wellbeing knowing they have support from various members of the groups.</p> <p>This project is ongoing throughout the year. so people can stay as long as they want which makes this programme somewhat unique. We do not just offer a 10 week programme like some other services so is perfect to work along side any professional support any of the users may be using.</p>	
1780	City Hope Church	Healthy families, healthy community	We want to host a celebration of families with a fun day complete with sports competitions, team games and activities for younger siblings. While the target of this even would be teenagers, we want to celebrate with them within their family units, we want parents and younger siblings to feel included and welcomed as we build and celebrate community.	£4,050
1821	Love North Southwark CIC	Food pantry	<p>We are helping over 180 people in our community and surrounding area we help with discount food supplies we offer 12 items of groceries and fresh vegetables dairy products</p> <p>We are in greater demand from our community as rising cost of living is rising we need funding to help carry on our food pantry so we can help support these families elderly people of our community</p>	£7,600

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>We also have a advice centre for people with housing benefits problems and family issues</p> <p>We run activities for all ages</p> <p>Bingo knitting starting cooking classes helping people cook and make uses of food ingredients on A low budget</p> <p>Baby yoga chair Exercise</p> <p>We are going to open the back space for allotments</p> <p>As we feel people can benefit from seeding and growing they own vegetables</p> <p>We will hand out our vegetables we grow</p> <p>We feel the future is within these projects we are doing</p>	
1825	Roosters Boxing Club	To provide boxing fitness and health advice to the youth and adults in our community	<p>In early 2021 we opened a new Community Boxing Gym for Rotherhithe and Bermondsey. Roosters Gym is the brainchild of Jeff Coombes and Roy Connor, this gym is focusing on the youths in the area and getting them fit and healthy, teaching them discipline and providing them with a safe place away from the streets.</p> <p>With obesity, gang culture and knife crime all so rife in these areas, it is essential to provide a focus for children and young adults and that is the sole purpose of Roosters Gym, Jeff and Roy aim to provide a sense of belonging and pride to the local youths. They are both so passionate about these issues in their community and see the gym as way of helping children, young adults and adults alike.</p> <p>Both Jeff and Roy have many years boxing experience, both of them enjoyed the camaraderie of belonging to a boxing club from a very young age. Roy has had a total of 25 international fights boxing for England. He is now a professional coach and a level 2 amateur coach. Jeff is also now a level 2 amateur coach and he has the experience of growing up on the streets of Bermondsey and Rotherhithe and feels that he can relate to the youth in these communities.</p>	£5,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			As the gym grows we hope to be able to offer employment and careers advice within the health and fitness industry.	
1842	Hope Tuesday	Hope Tuesday	<p>Hope Tuesday is a free community cafe where people can get a hot meal in a warm and friendly environment. Our aim is primarily to alleviate loneliness and enable people of different ages and backgrounds to build friendships in a safe environment. Hope Tuesday is the hub around which we want to build other courses and groups. At the moment we run CAP Life skills, helping people on a low income manage their money better and live a healthier life, physically and emotionally. We want to expand this course but also run other groups especially to help with peoples emotional health and wellbeing. Through our existing work running a CAP debt centre and partnering with Southwark Foodbank, we are seeing growing numbers of people who are struggling with their mental health. Both Covid and the current worries over the cost of living crisis are negatively affecting people's anxiety and stress levels. Through supporting hundreds of people through Foodbank and CAP, we feel we are seen in the community as a safe supportive place where people can receive both practical help, a listening ear and friendship. So we want to expand our Hope Tuesday cafe to feed more people and include more crafts and board games and courses that run before the cafe including a wellbeing group. We want to partner with Kintsugi Hope, a mental health and wellbeing charity who provide training and materials to run wellbeing groups. The aim is to help people accept themselves, understand their value and grow towards a more hopeful and resilient future. We also want to provide more social opportunities such as Sunday lunches, Christmas and Easter parties and picnics in the park in summer.</p>	£4,380
1869	Shad Thames Residents' Association	Cleaner Shad Thames	<p>This project aims to continue to provide funding for additional cleaning (via the Council's cleaning contract) in the Shad Thames area, ensuring a cleaner environment for residents, businesses and visitors alike. Extra cleaning will be provided to address the problem of discarded cigarette ends and other waste bin rubbish at weekends and bank holidays, and in addition to the standard Council cleaning service. The impact is a cleaner environment for residents, visitors and businesses in the area, and a strong</p>	£3,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			statement that the people who live in the area care about keeping the environment up to a standard to be expected of an historic Conservation Area.	
1914	Big Local Works Bermondsey	The Skills Bridge	<p>The Skills Bridge is a new programme of employment support by Big Local Works (BLW) that will build on our successful Employment Programme and provide the most disaffected Southwark residents with:</p> <ul style="list-style-type: none"> Key Employability and life skills training Information on local job opportunities Welfare and Benefits information Mentoring Tailored 1-2-1 advice and guidance <p>Big Local Works has an extensive history of supporting unemployed people across Southwark. Our work builds local people's economic resilience, reduces poverty and its effects, and helps people build their independence and financial well-being.</p> <p>We work, day in, day out with Unheard clients, many are long-term unemployed, not in education or training, others have small children and struggle to meet the bills, or balance work with childcare. Some can work but need support to build confidence to get them closer to the workplace. Others have illnesses and disabilities which mean they are less able to work.</p> <p>Participants on The Skills Bridge will receive 1-2-1 job search support and Employability & Resilience training. It focuses on giving individuals the skills they need to secure sustainable employment and build on their natural resilience. We will guide participants through key employability and life skills including:</p> <ul style="list-style-type: none"> Confidence and resilience Key money management skills 	£4,930

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>Key Life and Cooking skills with our vegan cooking programme</p> <p>CV skills "showing your best you" Job Searching process The Application and Interview Process Effective Communication The Importance of Professionalism Teamwork Conflict management</p> <p>This will be delivered in fortnightly training sessions here at BLW. Upon registration participants will be assigned a mentor who will work with participants to develop a personal job search plan, based on skills and ambitions, and discuss and plan for any ongoing support needs.</p>	
1932	Musical Mayhem London	Musical Mayhem Scholarships	I often have families saying they are unable to continue classes due to financial struggles, and I will never not have a family join us, and offer then scholarships. It costs the company, and as we aren't really a profit making business it would be very helpful to have some funding to help with these scholarships. We had 5 Ukrainian Refugees who attended our classes on a fully scholarship.	£2,268
1999	Living Bankside	Gathering in Copper Row Square	Gathering in Copper Row Square	£1,250
2004	Living Bankside	Living Bankside Academy	See Living Bankside Academy Report	£31,000
2019	Nigel Moyce	Southwark Park Artist in Residence	The project will provide an artist based in Southwark Park who will record activities and events that happen in the park. The idea originated from Southwark Park Cricket Club, because they would like to have a cricket artist available to produce occasional commemorative artworks marking their games, as is done for international Test Matches.	£1,000

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			<p>This idea was then discussed with Sheila Taylor, Chair of Cherry Garden Tenants & Residents Association, which is the local supporting body for the Cricket Club. Sheila was enthusiastic and suggested broadening the concept and creating the role of 'Artist in Residence' for the Park. This would provide someone who could record in art not only cricket, but also bowls, tennis, football and all the other sporting activities which take place in the park. This would include both formal and informal activities, and possibly even non-sporting ones.</p> <p>This concept would bring together the various park user groups and help create a greater sense of community. By participating in the art projects, people would be brought into contact with others, learn about different activities, cultures and interests. This friendly interaction would be a great benefit and social support to the diverse community of Southwark Park.</p> <p>I have lived and worked in Southwark and its park for over twenty years and developed numerous contacts amongst the park users. The park is very important to the surrounding community and much valued as a venue for friendly recreation and socialising. Having the park activities recorded in art would be an additional pleasure for everyone.</p>	
2023	Canada Water FC	Canada Water FC	<p>Canada Water FC is a local grassroots football club our project will allow us to provide affordable and competitive football for young people and support families on low income also help the young people and there families make new friends. it will help the wider community as it will help the young people within it stay fit and healthy through activity and sports also it will support keeping the young people out of trouble and away from a crime and anti-social behaviour, it will also see them provided with opportunities to support the in there football pathway and to help develop there abilities and skills whilst also helping to support them with there life skills so that they can become respectable</p>	£15,258.50

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			young people providing them with a chance to be successful later on in life. It will also see young people from diverse and multicultural backgrounds come together.	
2032	Bermondsey Community Kitchen	Bermondsey Community Kitchen inc London Community Kitchen	<p>Bermondsey Community Kitchen is a grassroots local non for profit community organisation. Our project has operated out of Bermondsey for the last several years providing a variety of services for our local community. However our support reaches across Southwark and because of this we are changing our name to the London Community Kitchen, so more people are aware of our services and are not excluded.</p> <p>BCK through the Covid 19 crisis provided over 5000 healthy nutritious ready to eat meals to the local community. This highlighted the essential need for a cooked food provision service in Southwark and was something we continued last year.</p> <p>This year we are expanding this project across the whole of Southwark. The local food banks are overwhelmed with their growing clients. Our project offers something different to the traditional food bank, providing healthy nutritious homemade ready to eat meals.</p> <p>The current cost of living crisis is greatly impacting many local residents, with rising energy costs and grocery shopping prices rocketing, people will have to decide whether to heat their homes or eat. In some cases people won't be able to afford to do either. Our project will provide a lifeline for those most in need, families struggling financially, isolated elderly residents and vulnerable residents. It will provide them with a meal they haven't had to worry about how much it will cost to buy or even cook. It will be healthy, substantial and tasty. It will help to improve wellbeing and reduce stress.</p> <p>BCK will work with ward councillors, so that they can direct us to groups they already work with and advise how meals should be distributed. BCK will work with numerous local groups and TRA's to utilise the contacts they already have in the community to deliver the meals those most in need.</p>	£4,500

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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2055	The Bermondsey Artists' Group managing Southwark Park Galleries	Allotment Club with craft activities for Low-Income Local Families in North-East Southwark	<p>A programme of free weekly drop-in gardening sessions for pre-school children from low-income families from the local estates surrounding Southwark Park in our Community Allotment at Lake Gallery, Southwark Park. Over the past 11 years we have engaged over 4,250 residents. We request joint funding from the wards that we directly serve: North Bermondsey, Rotherhithe and Surrey Docks.</p> <p>Parents, grandparents and carers come with their pre-school children to acquire new gardening and craft skills. Working and learning together helps build the cohesiveness of their local community. They grow, harvest and eat fresh food learning hands-on about healthy eating and the environment. They gain the the tools and knowledge to grow their own plants on windowsills and balconies, continuing their journey to eating fresh produce at home.</p> <p>Our Allotment Club also provides a valuable social space for many parents and carers who experience substantial isolation. These sessions directly tackle obesity where 30% of local 10-11 year-olds are diagnosed as obese. Food education in Early Years is proven to shift attitudes towards eating healthily and instil good food habits in children.</p> <p>The Allotment Club will deliver 20 free sessions for local families on Fridays between 10-12am from April-October 2023. The families will work with a community gardener and workshop leader who have considerable experience in facilitating fun hands-on gardening.</p> <p>To provide an even more welcoming environment, where parents can experience and learn the healthy benefits of plants, in 2023 we will provide reusable infusers so that families can make hot drinks during the workshops using the herbs available in our allotment. This will significantly raise awareness around natural remedies and herbs' health benefits. To encourage even more families to join our free sessions, this year our</p>	£6,320

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

Ref:	Organisation/Group:	Name of Project:	Project Description	Amount Requested [£]:
			gardener and workshop leader will run a Pilot taster gardening session at a local nursery.	
2065	The Salmon Youth Centre	Adventuring Together Project	<p>The Adventuring Together Project will engage 400 young people from the local community. These young people will age from 6-19yrs old (19-25yrs specifically disabled young people) in accessible non-traditional adventure based activities. By taking part in the project the young people will</p> <ol style="list-style-type: none"> 1. Improve their levels of confidence, motivation and engagement in other activities. 2. Achieve physical challenges and quick youth work outcomes without much prior skill or ability 3. Develop skills around communication, team-working, safe risk-taking. 4. Share unique experiences that strengthen relationships and improve self-esteem. <p>The Centre has developed an indoor ropes course that enables young people to climb up a 12m climbing wall, leap off balconies and swing across the sports hall as if flying in a challenging yet safe environment. We will partner with Climbing Tuition to deliver 84 x two hour sessions throughout the year. Each age group and disabled group will be able to access 6 weeks of climbing and adventure activities on rotation throughout the year. The project will start from April 2020. An experienced adventure worker will run the sessions and provide additional training to staff/volunteer leaders, to maintain our 100% safety record. Young people can gain accreditation/certification in each of the adventure activities, and eventually work towards an AQA award in climbing if interested.</p>	£6,720
2075	Art in the Park	Refreshing nature garden through art	<p>We'll hold art sessions to create improvements to Aspinden Nature garden, based on ideas given by participants and Bede House staff and will include members from Bede Youth Club, Starfish (domestic abuse unit) and the local Southwark community to Aspinden Nature Garden.</p> <p>The lovely and peaceful garden has been planted with wildlife plants and is heavily used and loved. Bede has a group that maintains this every week and use this for quiet space time for PWLD. There are a variety of bird boxes and insect homes which Bede has</p>	£4,996

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>made for the inhabitants.</p> <p>The area has been regularly used and managed by people with learning disabilities (PWLD) from Bede House since 2007. We'll involve Bede Youth club to get young people in the area using the nature garden.</p> <p>Many people are not aware of the garden, mainly because the entrance and surrounding fencing is worn out, dark and uninviting, and so the entrance is not noticed by passers-by. We will work with the participants to make the space more noticeable, attractive and pleasant. Information boards about the garden and the wildlife living there, which currently are very faded and easily missed will be redone. The back wall also has potential for decorating but also could be used to build insect houses, bird feeding areas to attract wildlife.</p> <p>Bede has raised the money for a canopy area in the garden which will have a covering soon. This is so they can use the area to do quiet, peaceful art/crafts activities related to the nature garden.</p> <p>We'll work with participants and volunteer groups to clear the existing ivy from fencing. There is ample space to make the front of the garden an attractive and welcoming space to be used and loved by PWLD and other Bede groups.</p>	
2076	Nigeria National Community (NNC)	Intergenerational Community Project	<p>We intend to continue to spread different ranges of awareness amongst the youths through activities teaching them about culture and how to be good citizenry in the community. Care of the elderly would bring our elders towards healthy diet and cooking. helping them through good hygiene, interacting, bonding day with showcase of cultural day where members showcase their rich cultural display. Bonding day and seaside is to bring all together yearly that promotes maximum relaxation for youths and elders in the</p>	£5,050

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			community. Above would all be about sharing unique experiences that strengthen relationships and improve self-esteem.	
2124	Southwark park association 1869	Southwark Park Summer Activities Programme 2023	<p>A summer programme of 7 free events for the community:</p> <ul style="list-style-type: none"> - Family picnic - Bobby Abel Cricket Cup for Primary Schools - medals, certificates and trophy - Tennis tournament for children - Guided Tree Walk - Guided Bat Walk - Bandstand concert - Come and Try Bowls for adults - Insurances <p>Many residents within the wards are economically disadvantaged, often living in flats and reliant upon the park as a place for their healthy recreation. The provision of this free programme of events will help families during the cost of living crisis in the peak summer period when events are at a premium.</p>	£2,200
2267	N/A - applying as an individual with a group sponsor	Bermondsey Boulders - Youth Summer Program	<p>The climbing group community projects aims to bring people from the local community together to meet like-minded locals through the climbing sport of bouldering. The activity seeks to meet the physical, mental and social needs of locals within the community. I seek now to expand this activity to young people within the community however as bouldering is a activity that requires some cost I seek to use this neighbourhood fund to provide me a source of funding to sponsor children in the community to climb regularly during the summer holidays of 2023. It will be a great source of physical, mental and social wellbeing for the young people.</p>	£320
2295	Platform Cricket (Tower Hamlets Youth Sport Foundation)	Rotherhithe Rams Cricket Club	<p>We will continue to provide our "Pop Up" Youth Cricket Club in Rotherhithe that will address the current inequalities in access to cricket, whilst supporting personal and social development.</p>	£6,349

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>The hub will be open to any child aged 7-11 living in the area, but will be grown from a schools coaching programme (NOT funded through this grant) that will involve:</p> <ul style="list-style-type: none"> - Albion - Alfred Salter - Peter Hills with St Mary's & St Paul's - Redriff - Rotherhithe - St John's - St Joseph's, Gomm Row - Southwark Park <p>Children from introductory activities delivered at each school will be encouraged/supported to migrate to evening/weekend activity which features physical literacy, fitness, strength & conditioning, team-building, problem- solving, nutritional workshops and social events, alongside the cricket content.</p> <p>The activity will utilise the Sports Hall at Bacon's College (Jan-Apr) and the cricket facilities at Southwark Park (May-Aug). The programme will also feature important competitive opportunities (leagues/cups/festivals) that provide a focus, support identity and allow opportunities for recognition/achievement. These events are also mechanism to get children travelling around Southwark, getting comfortable with new/different neighbourhoods and facilities, and forming new relationships with children from different backgrounds.</p> <p>Activities will be led by highly qualified coaches with youth work/mentoring experience, alongside participants' family members, local residents and local Sixth Form students who will be trained/qualified as Coach Assistants through the project.</p>	
2299	Galleywall Nature Reserve	Bee friendly planting day	We have 2 beehives in Galleywall Nature Reserve and every year we aim to replenish the stock of plants that will attract bees. We have an observation hive that is used	£175

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			regularly by adults and children during the summer months. We aim to plant annual and perennial plants as recommended by our resident beekeeper to encourage bees to remain in the reserve. We will run a day focusing on this, together with our resident beekeeper who will be available to provide fun and education to those involved. The benefits that will accrue from this day include: increased knowledge and confidence about bees for all those who use the reserve; attracting bees to the reserve to maintain its health and ensure that honey is made in the hives; create greater biodiversity in planting in the reserve; education of children and families about which plants attract bees. We feel that this is needed because we need to restock the reserve with appropriate plants.	
1975	Yogotonal	Yogotonal	During the pandemic I started yin yoga online to bring wellbeing. I have attracted some local residents. It is free of charge. It is a place where people can have a chat and then we go into yin yoga for about an hour. It helps with body, mind and emotional wellbeing. At the end there is a meditation during savasanna. Once a year I carry a yoga retreat at Oxford for a weekend and cost of participants is £200. It will be nice to subsidise members so they can come along. Or get some help with the cooking. At the moment it is all volunteer based.	£1,072.68
2115	Create (Arts) Limited	More Creative (MC)	In 2023/24, MC will bring together local schoolchildren and disabled adults in Southwark through interactive, creative workshops, enabling them to break down barriers/develop shared understanding, enhancing inclusion, reducing isolation and improving wellbeing. As advised, Create is applying in both North East and East Central ward areas. ABOUT THE PROJECT ~Designed in partnership with Bede House (BH) and Ilderton Primary School (IPS) ~16 half-day creative arts workshops over 8 weeks. Exact project dates, and artforms (eg photography/music) chosen in consultation with BH/IPS to meet their objectives/participants needs	£6,902

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>~20 participants (10 per partner) ~Guided by Create's professional, practicing, DBS checked artists ~Culminating in a sharing/performance/exhibition in a public space (if appropriate) to participants families/invited guests (including local councillors).</p> <p>THE NEED The need has been identified in consultation with BH, and is evidenced by national research: ~Disabled people are often socially excluded (Mencap) ~67% of the British public feel uncomfortable talking to disabled people (Scope) ~Disabled people are less likely to participate in cultural activities because of inflexibility/negative attitudes (ACE) Collaborative arts activities foster cooperation/develop social skills/build bridges between disabled/non-disabled people (WHO). MC delivers on the Five Ways to Wellbeing, bringing together participants to develop trusting relationships, addressing negative attitudes towards disability at a young age, strengthening the local community.</p> <p>AIMS/POSITIVE IMPACTS</p> <p>MC delivers high-quality, professionally-led, bespoke workshops that bring participants from different backgrounds and life experiences together, enabling them to :</p> <ul style="list-style-type: none"> ~Feel more connected to others ~Report improved wellbeing ~Develop creativity and teamwork/communication/artform skills ~Feel listened to ~Grow in confidence 	

North East Multi-Ward Area

2023/24 Neighbourhoods Fund Ward Application Summary Tables

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			<p>BH/IPS's provisions will be enriched/enhanced.</p> <p>Create has delivered MC w/Southwark schools since 2006 (supported by Southwark Council 2015; 2016; 2017; 2020).</p> <p>Participant feedback since 2013: ~97% felt more connected to others; ~94% developed teamwork; ~83% reported improved wellbeing (measured since 2020) ~100% of BH/school staff said participants developed creativity/teamwork/artform skills/confidence.</p>	